Bukumbi Bound

_Dental Tribune_ gives an update to the forthcoming visit to the village of Bukumbi to build a community centre with Bridge2Aid

With the trip just under two months away my mind has really been getting focused on what I need to organise before the team travels out to Bukumbi. I am already well on the way to becoming a pincushion after getting the majority of the jobs my doctor has recommended – only one left to have now!

The main thing that has brought home how soon we will be travelling is the excellent volunteer confirmation pack sent to me by B2A. Reading through it, it is surprising how much information you need to take in before you go! But I’m sure that the preparation we need to do beforehand will enhance our experiences while we are out there, as well as keeping us out of trouble.

Words and phrases
As someone with a fascination with language (remember I do work with words allegedly!) the bit that interested me most was the list of words and phrases in Swahili that could come in handy. Always willing to give a new language a try (although Greek was a bit of a challenge with language (remember I do work with words allegedly!) the list of words and phrases in Swahili that could come in handy. Always willing to give a new language a try (although Greek was a bit of a challenge!)

- **Hello (polite form) – Shikamoo**
- **Yes – Nidyo**
- **No – Hapana**
- **Why? (for those with small kids particularly Smile-on, Practice Plan and Denplan and my friends and colleagues. If you would like to donate to B2A, please go to my fundraising page – www.justgiving.com/bukumbibound – and give your support. To help raise more funds, the team at Schulke are participating in a sponsored walk at Bewl Water in Kent April 10-11, and I will be joining the walk on April 10 so please support my legal)**

- **My name is – Jina langu ni**
- **I don’t speak Swahili well (if there was ever an essential phrase, this will be it!) – Sizungumizi Kiswahili vizuri**
- **Thanks for a wonderful time – Asante kwa wakati mzuri**

To help me learn some of the phrases I am enlisting the help of a very clever four-year old girl (my daughter Emily) as she likes the sounds of the words as I say them out loud and can remember them faster than I can!

Schulke
The Team at Schulke (Andrew Thurston, Andrew Scott, Cornelius O’Mahoney, Julie Taylor, Nicola Funniss and Jackie Entwistle) are now really looking forward to making the trip to Tanzania and starting work on the Community Centre we are helping to provide for the people at Bukumbi. Andrew Thurston commented: “With lots of fundraising events behind us, I would like to thank everyone who has contributed both within the industry and beyond, your generosity has been astounding!”

“We’re really looking forward to working with Bridge2Aid, Clearstep gives an update to the forthcoming visit to the village of Bukumbi to build a community centre with Bridge2Aid

The Clearstep System

The Clearstep System is a fully comprehensive, invisible orthodontic system, able to treat patients as young as 7.

It is based around 5 key elements, including expansion, space closure/creation, alignment, final detailing and extra treatment options such as functional jaw correction.

GDP friendly, with our Diagnostic Faculty providing full specialist diagnostic input and treatment planning, no orthodontic experience is necessary. As your complete orthodontic toolbox, Clearstep empowers the General Practitioner to step into the world of orthodontics and benefit not only their patients, but their practice too.

**Accreditation Seminar**
This accreditation seminar is aimed at General Practitioners, providing you with all the knowledge and skills required to begin using The Clearstep System right away.

**Personal Accreditation**
Receive a visit from a Clearstep Account Manager, providing a personal accreditation in your practice at a time convenient to you.

Accreditation Seminars for 2010

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>30th March</td>
<td>London</td>
</tr>
<tr>
<td>27th May</td>
<td>London</td>
</tr>
<tr>
<td>13th July</td>
<td>London</td>
</tr>
<tr>
<td>9th September</td>
<td>London</td>
</tr>
<tr>
<td>30th November</td>
<td>London</td>
</tr>
</tbody>
</table>

Further Courses
Once accredited, further your orthodontic expertise with our Hands On Course, where you will learn sectional fixed skills and other methods to reduce your costs and treatment times.

Clearstep Advanced Hands On Course dates for 2010

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7th - 9th April</td>
<td>London</td>
</tr>
<tr>
<td>25th - 27th October</td>
<td>London</td>
</tr>
</tbody>
</table>

To find out what Clearstep can do for you contact us today.

01342 337910
info@clearstep.co.uk
www.clearstep.co.uk